

TAKE IT TO THE MAX!



Contribution Limits

2022

	Maximum Contribution Amount	Suggested Bi-Weekly Contribution*	Suggested Monthly Contribution*
Regular Limit	\$20,500.00	\$788.46	\$1,703.33
Ages 50+ Catch-Up	\$27,000.00	\$1,038.46	\$2,250.00
Standard Catch-Up	\$41,000.00	\$1,576.92	\$3,416.66

**Based on regular payroll dates (26 bi-weekly/12 monthly) starting in January 2022. Contributions can be changed at any time (suggested deferral amounts will vary based on deferral start date).*